

September

2022

Subtitle

Athletics

Volleyball



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 Elementary Practice 3pm- 4:00pm	23 Elementary Practice 3pm- 4:00pm	24
25	26 Elementary Game	27 Elementary Game	28	29 Elementary Game	30 Elementary Game	

October

2022

Subtitle

Athletics

*JV Volleyball

^Flag Football (Co-Ed 6u,8u,10u,12u,14u Boys only)

#Varsity Basketball



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	#VBB Practice 4:30-6pm ^FFB 6u-8u 4pm-5:30pm	#VBB Practice 4:30-6pm ^FFB 10u+ 4pm-6:00pm	^FFB Practice 6u-8u 4:5:30pm	#VBB Practice 4:30-6pm ^FFB 10u+ 4pm-6pm	#VBB Practice 3pm-6pm	
9	10	11	12	13	14	15
	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm ^FFB 6u-8u 4pm-5:30pm	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm ^FFB 10u+ 4pm-6:00pm	*JV VB Practice 3pm-4:30pm ^FFB Practice 6u-8u 4:5:30pm	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm ^FFB 10u+ 4pm-6pm	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm	
16	17	18	19	20	21	22
FFB GameDay	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm ^FFB 6u-8u 4pm-5:30pm	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm ^FFB 10u+ 4pm-6:00pm	*JV VB Practice 3pm-4:30pm ^FFB Practice 6u-8u 4:5:30pm	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm ^FFB 10u+4pm-6pm	*JV VB Practice 3pm-4:30pm #VBB Practice 4:30-6pm	

<p style="text-align: right;">23</p> <p>FFB GameDay</p>	<p style="text-align: right;">24</p> <p>*JV VB Practice 3pm-4:30pm</p> <p>#VBB Practice 4:30-6pm</p> <p>^FFB 6u-8u 4pm- 5:30pm</p>	<p style="text-align: right;">25</p> <p>*JV VB Practice 3pm-4:30pm</p> <p>#VBB Practice 4:30-6pm</p> <p>^FFB 10u+ 4pm- 6pm</p>	<p style="text-align: right;">26</p> <p>* JV VB Practice 3pm-4:30pm</p> <p>^FFB Practice 6u-8u 4:5:30pm</p>	<p style="text-align: right;">27</p> <p>*JV VB Game CC@TL 3:30pm Wahiawa</p> <p>#VBB Practice 4:30-6pm</p> <p>^FFB 10u+ 4pm- 6pm</p>	<p style="text-align: right;">28</p> <p>JV VB Practice 3pm-4:30pm</p> <p>VBB Practice 4:30-6pm</p>	<p style="text-align: right;">29</p>
<p style="text-align: right;">30</p> <p>FFB GameDay</p>	<p style="text-align: right;">31</p> <p>* JV VB Practice 3pm-4:30pm</p> <p>^FFB Practice 6u-8u 4:5:30pm</p> <p>#VBB Practice 4:30pm-6pm?</p>					

OCTOBER 2022

November

2022

Subtitle

Athletics

*JV Volleyball (Girls & Boys)

^Flag Football (Co-Ed 6U,8U,10U,12U, 14U boys only)

#Varsity Basketball (Girls & Boys)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			*JV VB Practice 3pm-4:30 ^FFB Practice 4pm-5:30 6u-8u	*FC@CC JV VBB Home @3:30pm #VBB Practice 5:30pm-7pm ^ FFB practice 10u+ 4pm-6pm		
6	7	8	9	10	11	12
	*CC@OS Away @3:30pm #VBB Practice 3pm-6pm ^ FBB Practice 4pm-5:30 6u-8u	*HM@CC Home @3:30pm #VBB Practice 5:30-7pm ^FBB Prac 4pm- 6pm 10u+	*JV VB Practice 3pm-4:30 ^FFB Practice 4pm-5:30 6u-8u	LSSL Cross Country Meet 3 rd -8 th grade Boys and Girls #VBB Practice 3pm ^FBB Prac 4-6pm	Veterans Day	
13	14	15	16	17	18	19
	*CC@SM Away @3:30pm #VBB Practice 3pm-6pm ^ FBB Practice 4pm-5:30 6u-8u	*TL@CC Home @3:30pm #VBB Practice 5:30-7pm ^FBB Practice 4pm-6pm 10u+	*JV VB Practice 3pm-4:30 ^FFB Practice 4pm-5:30 6u-8u	*CC@PH Away @3:30pm #VBB Practice 3- 6pm ^FBB Practice 4pm-6pm 10u+	#VBB Season Starts ?	
20	21	22	23	24	25	26
	Thanksgiving Break	Thanksgiving Break OS@CC Home @3:30pm	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	

27	28 CC@HM Away @3:30pm #VBB Practice 3pm-6pm ^ FBB Practice 4pm-5:30 6u-8u	29 SM@CC Home @3:30pm #VBB Practice 5:30-7pm ^FBB Practice 4pm-6pm 10u+	30 *JV VB Practice 3pm-4:30 ^FFB Practice 4pm-5:30 6u-8u			
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November 2022

December

2022

Subtitle

Athletics

*JV Volleyball (Girls & Boys)

^Flag Football (Co-Ed 6u,8u,10u,12u, 14u boys only)

#Varsity Basketball (Girls & Boys)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CC@FC Away @3:30pm #VBB Practice 3pm-6pm ^ FBB Practice 4pm-6pm 10u+	2 VBB Game Day	3
4 Final FFB Game	5 JV VB Playoffs Girls TBD #VBB Practice 3pm-6pm	6 JV VB Playoffs Boys TBD #VBB Practice 3pm-6pm	7	8 JV VB Playoffs Girls TBD @Hongwanji #VBB Practice 3pm-6pm	9 JV VB Playoffs Boys TBD @Hongwanji #VBB Practice 3pm-6pm	10 JV VB Finals 3 rd place and Championship Games @Hongwanji
11	12 #VBB Practice 3pm-6pm	13 #VBB Practice 3pm-6pm	14	15 #VBB Practice 3pm-6pm	16 VBB Game Day	17
18	19 Christmas Break VBB Practice TBD	20 Christmas Break VBB Practice TBD	21 Christmas Break VBB Practice TBD	22 Christmas Break VBB Practice TBD (Diamond Head Classic)??	23 Christmas Break VBB Practice TBD	24

25	26 Christmas Break VBB Practice TBD	29 Christmas Break VBB Practice TBD	30 Christmas Break VBB Practice TBD			
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December 2022

January

2023

Basketball

Athletics

#Varsity Basketball

*JV Basketball



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 *JV BB Practice 3p-4:30pm #VBB Practice 4:30pm-6pm	4 \$Combined JV & VBB Practice 3:00pm-5:00pm	5 *JV BB Practice 3p-4:30pm #VBB Practice 4:30pm-6pm	6 VBB Game Day	7
8	9 *JV BB Practice 3p-4:30pm #VBB Practice 4:30pm-6pm	10 *JV BB Practice 3p-4:30pm #VBB Practice 4:30pm-6pm	11 \$Combined JV & VBB Practice 3:00pm-5:00pm	12 *JV BB Practice 3p-4:30pm #VBB Practice 4:30pm-6pm	13 VBB Game Day	14
15	16 *JV BB Practice 3p-4:30pm #VBB Practice 4:30pm-6pm	17 CC@PH #VBB Practice 3:00pm-6:00pm	18 \$Combined JV & VBB Practice 3:00pm-5:00pm	19 *JV BB Practice 3p-4:30pm #VBB Practice 4:30pm-6pm	20 VBB Game Day	21
22	23 *JV BB Practice 3p-4:30pm #VBB Practice	24 CC@HM #VBB Practice 3:00pm-6:00pm	25 \$Combined JV & VBB Practice 3:00pm-5:00pm	26 TL@CC #VBB Practice 3:00pm-6:00pm	27 VBB Game Day	28
29	30 SM@CC #VBB Practice 3:00pm-6:00pm	31 CC@FC #VBB Practice 3:00pm-6:00pm				

February

2023

Basketball

Athletics

#Varsity Basketball

*JV Basketball

**Varsity LSSL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Combined Practice ALL 3:00pm-5:30pm	2 OS@CC	3 VBB Game Day	4
5	6 CC@FC	7 PH@CC	8 Combined Practice ALL 3:00pm-5:30pm	9 **VL BB Practice 3:00pm-4:30pm #VBB Practice 4:30pm-6:00pm	10 VBB Game Day	11
12	13 **VL BB Practice 3:00pm-4:30pm #VBB Practice 4:30pm-6:00pm	14 **VL BB Practice 3:00pm-4:30pm #VBB Practice 4:30pm-6:00pm	15 Combined Practice ALL 3:00pm-5:30pm	16 **VL BB Practice 3:00pm-4:30pm #VBB Practice 4:30pm-6:00pm	17 PLAYOFFS	18
19	20 **VL BB Practice 3:00pm-5:00pm	21 **PH@CC	22 **VL BB Practice 3:00pm-5:00pm	23 **HM@CC	24 **VL BB Practice 3:00pm-5:00pm	25
26	27 **VL BB Practice 3:00pm-5:00pm	28 **CC@SM				